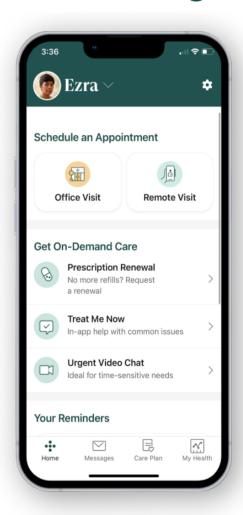


## Virtual care, made easy

At One Medical, beyond in-person care at offices in many U.S. cities when you travel, members can also access 24/7 virtual care directly through our app.

Our team can diagnose and treat many health issues virtually. Not feeling well? Video Chat with a provider in minutes, at any time, at no additional cost. We can send prescriptions to your local pharmacy, if needed.

So whether it's difficult to leave home, you want to avoid an expensive trip to the ER, or you just like the convenience — virtual care is here for you.





## Not a One Medical member yet?

Visit onemedical.com/now

The cost of membership is covered for you, your spouse/partner, and dependents.

## Virtual care at your fingertips

**DESCRIPTION AND TYPES OF CARE** 

**RESPONSE TIME** 

**BILLING** 



Urgent Video Chat Request a Video Chat with our virtual medical team at any time (24/7 on-demand) for non-life threatening but urgent concerns and potentially avoid costly trips to the ER.

Types of care: Minor injuries (sprains, strains, burns, cuts), fevers over 103°,

sudden back pain

Varies based on demand, but typically ~15-20 minutes



Treat Me Now

Get help with common issues by message. Simply answer a few questions about your symptoms and a provider will message you with next steps.

Types of care: Colds/flu, seasonal allergies, skin issues (rashes, moles, acne), cold sores, STI screening

Within ~4 hours

your membership at no extra cost.

Included in

Copays and deductibles do NOT apply.



Prescriptions

Request a renewal right from the app and we'll send your prescription to the pharmacy you enter.

**Types of care**: All prescription renewals (note: controlled substances may require a consultation)

48 hours for most meds, 72 hours for controlled substances



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